



SEND CPD SESSIONS

Future Pathways and Careers

Thursday 10 November 2022
Community Inclusion

THE CAREERS &
ENTERPRISE
COMPANY

 **DORSET**
Local Enterprise Partnership



**Engaging with
the community:
exploring
health, lifestyle,
activities &
friendships**

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Schools and Community

“By having people listening to me and letting me have a say I will get more confident and with time I will hopefully achieve what I want and get a good job when I am old enough”

A community is made up of individuals with individual needs and aspirations. Our job as professionals is to enable our young people to make their own choices about their futures

Staff in education settings spend a lot of time with their students, often over many years; become experts, create a community

The purpose of a learning community is to educate and help young people to become citizens of a larger community when they leave

Community

A community is a social unit with commonality such as place, norms, religion, values, customs, or identity.

Most of us belong to a community

- school
- work
- religious or faith group
- sport club or hobby group
- village
- online
- disability



“For any child growing up,
a vibrant community adds value,
for those who face more challenges
a vibrant community
can change lives.”

Charlotte Ramsden | Blog: A Community Christmas

NDTi Podcasts | Talking Inclusion

Communities are formed by People and Lifestyle

- Choosing who you want to spend time with
- Support to make & maintain friendships; in person or online
- Keeping safe
- Sexual relationships
- Education
- Circles of support
- Choice
- Shared interests and experiences
- Physical proximity

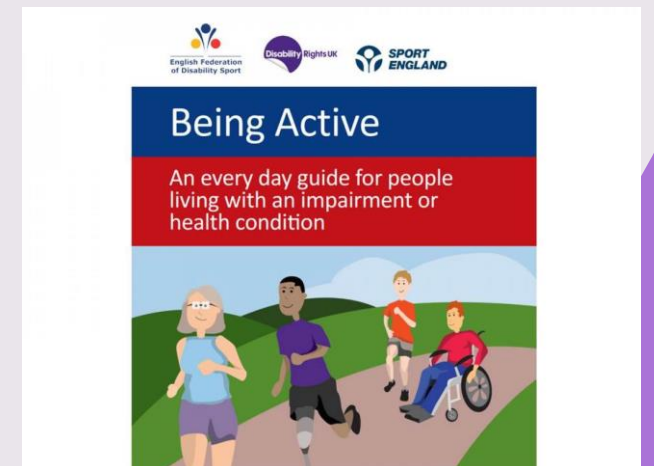
[Ismail on: Can people with learning disabilities have relationships?](#)

Health & Lifestyle choices

Transition from Children's to Adult Health services,
age 18

- Rights/ choices as adults
- Mental Capacity Act
- Access to Health records etc
- Advocacy services to maximise choices
- Making appointments, getting to & from health services
- Continuing Health Care assessments & funding

Watch session 1 for more info on
'voice and choice'



Activities



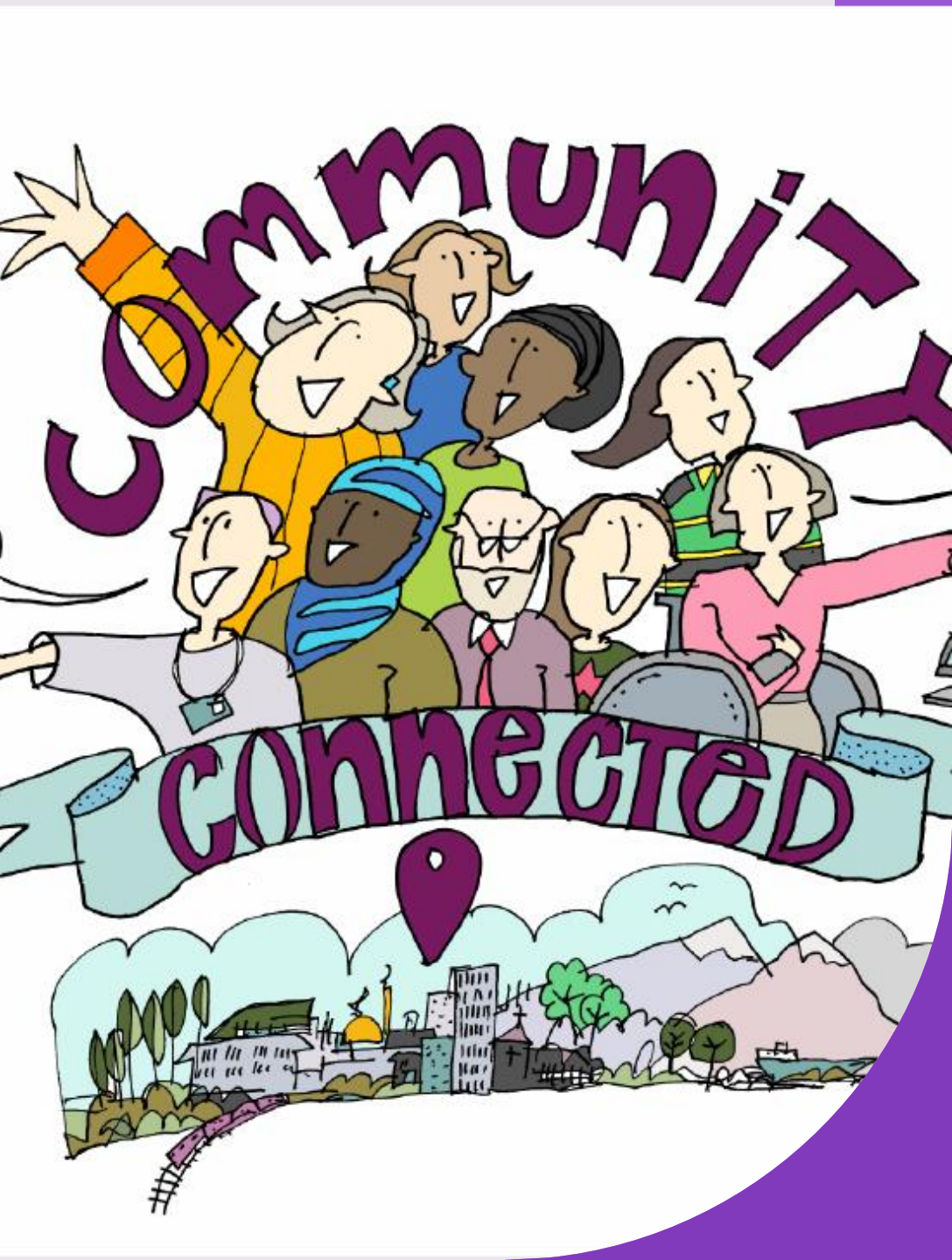
- Outgrowing Childrens' activities, finding new (adult) ones in person or online
- Make friends, learn new skills, teach others, have fun
- Short breaks & holidays
- Paying for activities, travel and support eg via benefits, social services/health personal budgets

Links to activity directories are further down



- **What are the benefits of being part of a community?**

- **What are some of the barriers?**



Community Led Support

Social relationships and engagement in community life are extremely important for individual resilience and can significantly impact mental wellbeing.

Evidence shows that relationships make people feel emotionally safe, and a sense of belonging has been linked with the use of 'active coping mechanisms' like problem-solving.

Social isolation is known to be extremely damaging for people's health and wellbeing leading to deterioration in health and increased use of services.

Community Led Support

Being able to support people with professional advice and opportunities outside of formal social care services is an indication of responsive, pre-crisis, skilled intervention that keeps people safe, well and independent.

People are connected with available support and opportunities for wellbeing at the very time they, or their carers, indicate these are at risk of failing. This is in stark contrast to post crises intervention which either waits for the failure for people to become 'eligible' for services, or indirectly causes the crises through slow response to initial request for help and support.

Pre-crisis intervention is not only significantly less traumatic for people but also highly cost effective and indicative of a preventative system.

<https://www.ndti.org.uk/assets/files/Observable-Impacts-Summary.pdf>

People have
created
and built on
partnerships
and found
new ways of
working...

“Risk AND opportunity”
Network Member



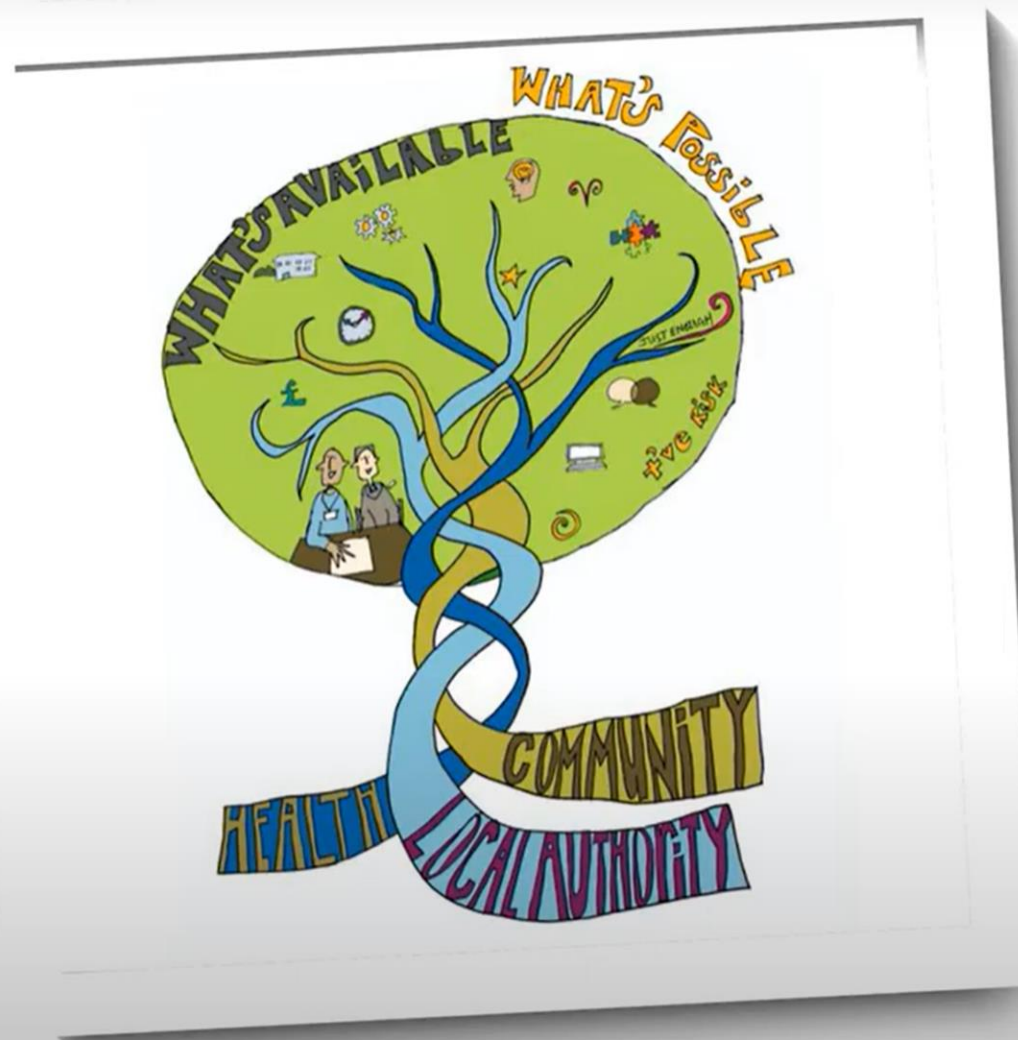
Join the conversation:
[#communityledsupport](#)

having to react
to continual
change,
demand,
competing
priorities

“Things going wrong is a good thing- it allows us to adapt and be flexible” Network Member



Join the conversation:
[#communityledsupport](https://twitter.com/communityledsupport)



Moving on from school



Can be

- exciting
- scary
- confusing

especially as school communities are often very sheltered and nurturing



Building
'community'
for the future

Moving on from school

**To know what's available,
or where to get the right
information to help
students plan for their
individual futures ...**



- Start the conversation as early as possible with students and carers.
Planning takes time
- Build community inclusion into your curriculum

It's not a perfect world out there but with proper planning good outcomes can happen

Post-16

Individually-tailored education

Education does not have to lead to qualifications or employment. It isn't necessary to be studying full time, be on an accredited course, or progressing towards formal qualifications.

And a young person can still have an EHC plan without these, as long as they are doing some form of education or training.

Education can include small steps in progress towards learning a particular skill such as communication.

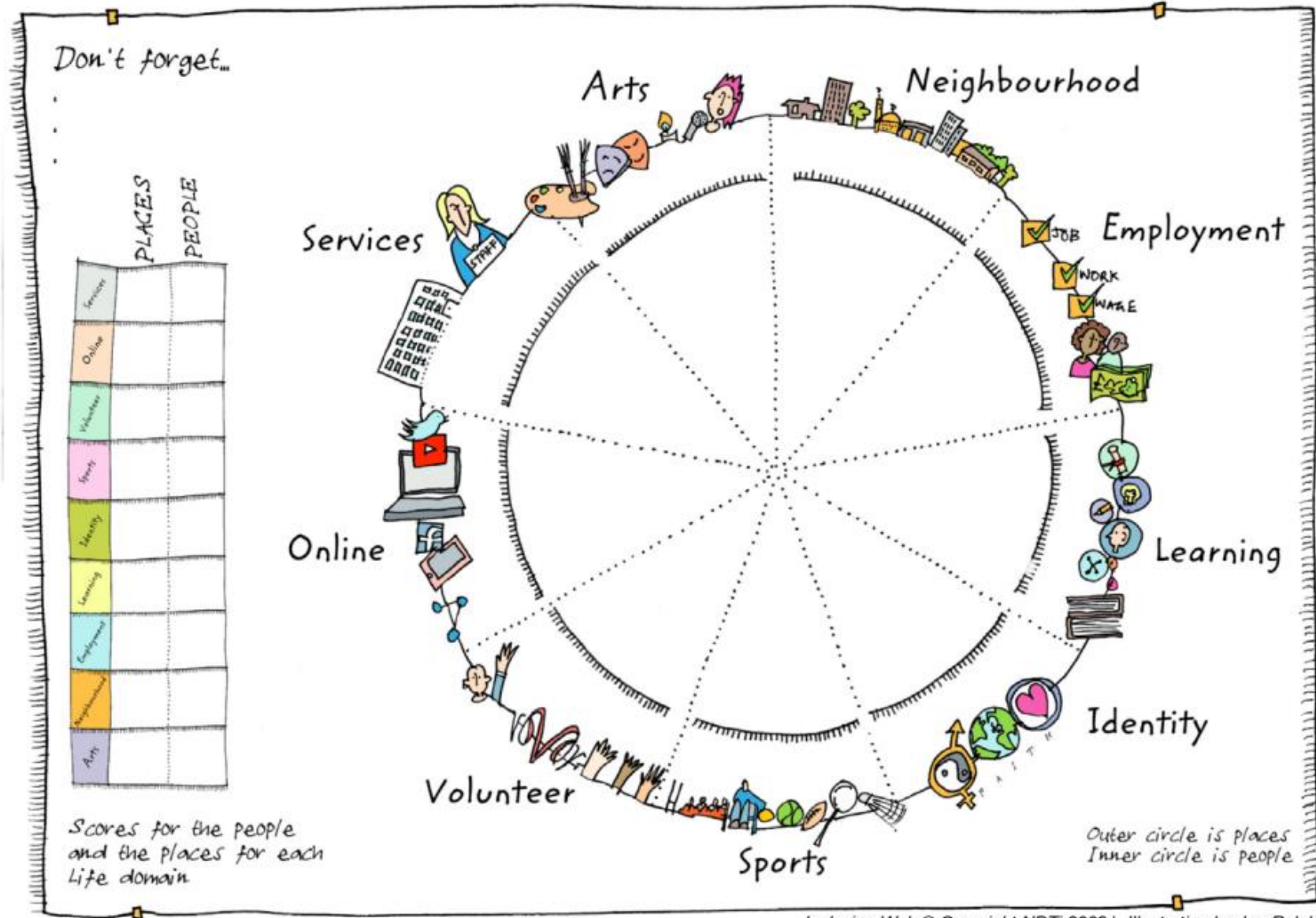
This does not have to be at one provider. Education for young people can include a mixture of learning and other activities such as work experience, volunteering, independent travel training, managing money or communication and self- help skills.

Some young people are not able to access formal settings such as a college, and alternative provision may be appropriate.

The local authority might fund such provision for a young person with an EHC plan if they agree this is the only way to meet their special educational needs.

Getting an individual package in place can be challenging, and the local authority should provide support and advice, including advice about personal budgets if appropriate.

Develop an Inclusion web



Inclusion traffic lights

THE INCLUSION TRAFFIC LIGHTS HELP US THINK ABOUT THE PLACES PEOPLE GO AND THE PEOPLE THEY CONNECT WITH. SOMETIMES PEOPLE NEED SPECIALIST SUPPORT, BUT THAT DOESN'T MEAN THEY SHOULD FIND THEMSELVES EXCLUDED FROM THE OPPORTUNITIES OTHERS BENEFIT FROM. WE CAN DEFINE COMMUNITIES AS PLACES THAT PEOPLE COME TOGETHER.



AFTER AN HOUR ON THE MINIBUS MO GOES TO BASE GROUP AT HIS SPECIAL SCHOOL.



NADIA MAKES HER OWN LUNCH IN THE LIFE SKILLS SESSION AT THE DAY CENTRE.



RESIDENTS LOVED TO WATCH BRENDA SORTING OUT THE HERB WINDOW BOX AT THE CARE HOME.



MO'S OFF TO HIS LESSON IN THE SPECIAL NEEDS PORTAKABIN IN THE MAIN STREAM SCHOOL.



BETWEEN 10AM-2PM NADIA VOLUNTEERS AS A COOK AT THE DISABILITY PROP-IN CAFE.



BRENDA WAS THE FIRST TO CHECK THE RUNNER BEANS ON THE OUTREACH PROJECT.



MO IS SUPPORTED TO JOIN IN A GCSE SCIENCE PRACTICAL.



NADIA WORKS IN THE KITCHEN AT A LOCAL PUB.



IT WAS THE FIRST TIME BRENDA HAD SEEDS TO SWAP AT THE ALLOTMENT AGM MEETING.





Disability and Support Communities



The Chatterboxes

The Chatterboxes is a youth action project run by young people with disabilities aged 11-25 years old from Bournemouth, Poole and other parts of Dorset.

We believe every young person should have someone they can trust



Empowering people with learning disabilities to be treated equally, listened to and included in community life.

People First Dorset

Friendship Club

The Friendship Club is where people with learning disabilities can make and meet friends. Members choose what they do and where they meet.

[Find out more](#)

Quality Checkers

The Quality Checkers are a team of people with a learning disability and are experts by experience. They judge the quality of the services against a set of standards.

[Find out more](#)

Speaking Up

Our Speaking Up groups are where members learn to speak up about issues important to them. It could be love, friendships, staying safe, housing or getting a job.

[Find out more](#)

Easy Read

Easy Read is a form of accessible writing that, when combined with good design, makes information clear and easy to read.

[Find out more](#)

Consultancy

For those seeking consultancy support, we have skilled advisors in our team at People First Dorset. We know many other professionals who might be able help, and would be happy to connect you.

[Find out more](#)

Workshops

We are able to run workshops or smaller projects which address particular concerns our members have.

[Find out more](#)



people first forum

giving a voice to people with learning disabilities

a self advocacy charity for people with learning disabilities across Bournemouth, Christchurch and Poole.

Services for people with learning disabilities



Advice and information

Our members can drop into our offices or call us for advice, information and advocacy.



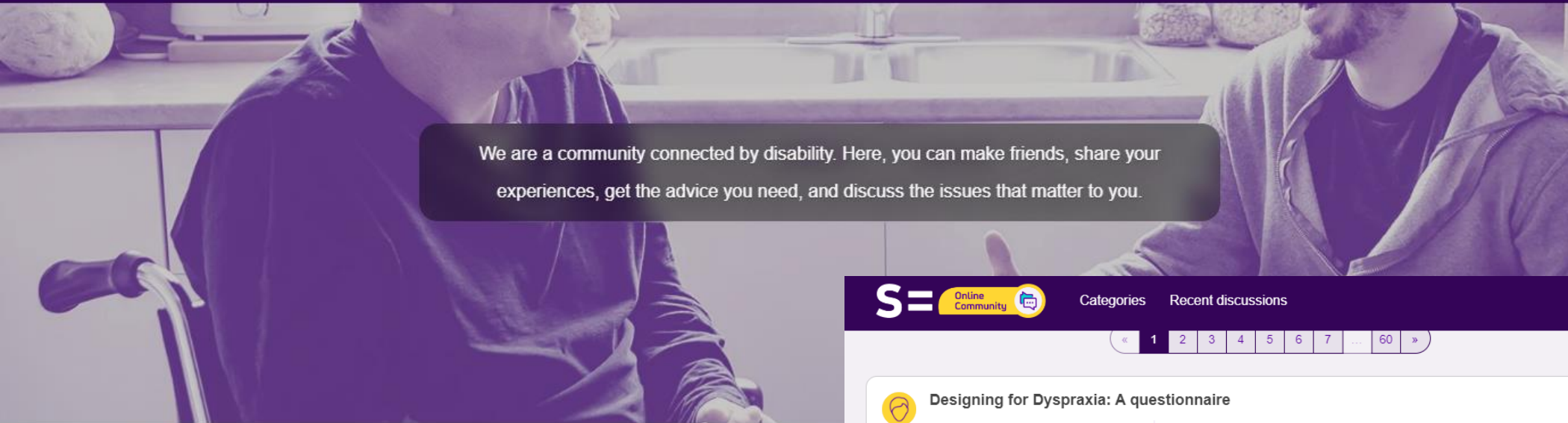
Keeping Safe

We have lots of services to help keep you safe! Safe Places, Witness Profiling and crime reporting.



Groups and events

We have groups that you can join and big events too including 2 club nights a year!



We are a community connected by disability. Here, you can make friends, share your experiences, get the advice you need, and discuss the issues that matter to you.

i Please read our updated [community house rules](#) and [community guidelines](#).

i **Welcome to a community connected by disability.**
Ask questions, make friends, and find support. Don't know where to begin?



Designing for Dyspraxia: A questionnaire

5 views Started by [kedpldge](#) November 1



A Study of Disclosure of Disability in the Workplace and Mental Wellbeing

31 views Most recent by [Clare_Brent_1978](#) November 1



Volunteering for the British Heart Foundation

23 views Most recent by [Alex_Scope](#) October 28



Can you help? I'm looking to interview 2/3 disabled people and older people with reduced mobility.

43 views Most recent by [Noura](#) October 27



Tell us, the designers, how we can make the world more accessible for you in the future

29 views Most recent by [Tori_Scope](#) October 26

A-Z medical conditions with links to support groups

designed to replace medical advice by a qualified medical professional.

Is there support?



Aarskog Foundation UK

Tel: 0800 001 6623

Email: support@aarskogsyndrome.foundation.co.uk

Website: aarskogsyndrome.foundation.co.uk

The Aarskog Foundation UK is a Registered Charity in Scotland no. SCO48708. They aim to provide support to all those affected by Aarskog Syndrome, their friends, families and carers. They provide information, raise awareness of the condition and aim to bring families together. They also have different Facebook Groups to support families and professionals.

Group details updated March 2020.

Supporting People & Communities To Live The Lives They Choose

Call us

0300 111 3303

Mon - Fri: 10am - 4pm

Our approach

At Help & Care, we have been working across South-Central England for over 30 years, promoting dignity and independence for people from all walks of life.

We are particularly focused on providing support to people living with a long-term health condition, carers and those who are isolated or housebound. What makes us different is our person-centred approach. We understand that each individual has different needs, so we work closely with people to understand what really matters for them and to help them lead independent and fulfilling lives for as long as possible.

We are eager to play a leading role in improving the delivery of Health services for the community and so we work closely with 9 individual Healthwatch organisations across South England. This partnership ensures that health services are held accountable and the



Volunteering Work and Wellbeing Communities

Work or volunteer and study part-time

- Between 16 and 18 you can work or volunteer if you combine it with part-time study or training.
- For more information on where and how to look, you can visit <https://doit.life/volunteer>
- contact your local Jobcentre for advice on looking for work when you have a disability
- You may also be able to combine lots of different types of activities, like a part-time college course to improve your English and maths, volunteering in a charity shop and getting skills to take care of yourself and travel independently.

SEARCH FOR VOLUNTEERING OPPORTUNITIES

Looking for a volunteering opportunity in Dorset? Use the buttons below to access our online volunteering portal and find out what's on offer locally and right across Dorset. You'll be able to view volunteering opportunities, register an interest and link with an organisation that's right for you.

LOGIN

REGISTER

OPPORTUNITIES

If you don't have an email address, please download the [printable version of our registration form](#). Once complete, please return to Community Action Network at Beech House, 28-30 Wimborne Road, Poole, BH15 2BU.



Community Action Network

We are developing information access points to connect people to personalised information and support from local charities and services so they can live their best possible life at home. We are co-designing how these will be delivered with patients and carers, professionals and our providers to ensure that we connect the right information at the right time and in the right way across the BCP council footprint. Our initial focus will be trialling locations on Poole and Bournemouth Hospital sites and within the BCP Adult Social Care teams.

CAN WELLBEING COLLABORATIVE

We connect people to personalised information and support from local charities and community services, so they can live their best possible life at home.












Our Partnership

Commissioned by BCP Council - the CAN Wellbeing Collaborative is a partnership co-creating new ways of working together that benefit everyone:



The right to go out

Regarding community participation, people living in care homes have a right to:

-  Receive *person-centred care* that is appropriate, meets their needs and reflects their personal preferences.¹ Some of this may be provided by *relatives and friends*.²
-  Forge friendships and other relationships and to *participate in society*.³
-  *Support*, so that they can be included in the community rather than segregated from it.⁴ Managers must *promote access* to the local shop, to public facilities and to family outings.⁵
-  *Transportation*⁶ on an equal basis with others.
-  Make *unwise decisions*.⁷
-  Be treated as an individual and free from *restrictive practices* that are intended for others.⁸
-  Make *unescorted outings*⁹ even when they are subject to restrictions.¹⁰
-  Unregulated contact with family and friends, unless a Court has ruled to the contrary.¹¹
-  *Protection from abuse or harm*.¹²

- 1 Health and Social Care Act 2008 (Regulated Activities) Regulations 2014: Regulation 9(1)
- 2 Some DoLS are authorised which oversee a care plan comprised of 'continuous supervision and control' which are made up of some supervision provided by staff and the rest provided by relatives or others. There is no formal advice that specifies the identity of the supervisor.
- 3 Article 8 of the Human Rights Act 1998. Also Article 19 of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD).
- 4 See <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities/article-19-living-independently-and-being-included-in-the-community.html>.
- 5 See <https://www.scie.org.uk/mca/dols/practice/care-home>. The same point was made in P (Scope of Schedule A1) (30 June 2010) (Unreported) (Mostyn J) - P should have access to society in the community and be able to escape the confines of the care home. See page 107 of the Law Society Deprivation of Liberty: A practical Guide. Available at <https://www.lawsociety.org.uk/support-services/advice/articles/deprivation-of-liberty/> The Deprivation of Liberty Safeguards will be replaced in 2020 with Liberty Protection Safeguards under Mental Capacity (Amendment) Act 2019.
- 6 Article 9 of the UNCRPD.
- 7 Principle 3 of the Mental Capacity Act 2005.
- 8 United Nations (adopted 27 Oct 2017) CRPD General comment No. 5 (2017) on living independently and being included in the community. Available at https://tbinternet.ohchr.org/_layouts/treatybodyexternal/Download.aspx?symbolno=CRPD/C/GC/5&Lang=en paragraph 20.
- 9 See Department of Health (2014) Positive and Proactive Care: reducing the need for restrictive interventions – available at https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/300293/JRA_DoH_Guidance_on_RP_web_accessible.pdf.
- 10 Stanev v Bulgaria. <http://www.bailii.org/eu/cases/ECHR/2012/46.html>
- 11 See Part V, section 123 of the Police Act 1997. Also See https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/216900/Regulated-Activity-Adults-Dec-2012.pdf page 5.
- 12 Contact with certain people can be restricted by the Court of Protection, not the DoLS process. See https://www.39essex.com/cop_cases/sr-v-a-local-authority/.



שמחה.







Communities for those who are involved in Careers Education Information Advice and Guidance




Career Leaders Community Of Practice




Resource Directory

 <h4>SEND Outreach Campaign E Pack</h4> <p>This is the electronic version of the SEND Outreach Campaign. It contains lots of useful resources for Career Leaders in a SEND setting</p> <p>Access resource here</p>	 <h4>My Skills My Future</h4> <p>This programme has been collated from resources across our partners and network to support young people with SEND under the 2 groups identified in the SEND toolkit. It contains lessons around employability skill development, employer projects and engagement videos all to support young people in their next steps.</p> <p>Access resource here</p>	 <h4>SEND Careers Health Checklist</h4> <p>This interactive checklist will support you to think about the Careers provision you have within your SEND setting.</p> <p>Access resource here</p>
 <h4>SEND journey/roadmap</h4> <p>Take a step in the right direction: help all stakeholders understand your SEND careers programme by using this template to present it visually.</p> <p>Access resource here</p>	 <h4>Same and Different</h4> <p>Learn more about the various aspects of early career development for 18-year olds with SEND and provide more targeted support with this model.</p> <p>Access resource here</p>	 <h4>Approaches to BM 4 in SEND presentation</h4> <p>This presentation was used in a workshop to support the thinking around the development of BM4 in a SEND setting.</p> <p>Access resource here</p>



SEND Careers Leaders & guidance practitioners com... >

Private group · 1.3k members





Find out more

Health & Lifestyle



Easy read guides on various health conditions, including sexual health:

- <https://www.easyhealth.org.uk/>



Information about medical conditions, diagnosis and health services:

- <https://contact.org.uk/help-for-families/information-advice-services/health-medical-information>



Health & Lifestyle

Mental Health Support:

- <https://www.scope.org.uk/advice-and-support/manage-mental-health/>
- <https://www.mencap.org.uk/advice-and-support/health>

PfA

Employment

Independent Living

Community Inclusion

Health



Health & Lifestyle

- Equipment: <https://www.nidirect.gov.uk/articles/equipment-people-disabilities>
- Continuing Health Care: https://bnssg.icb.nhs.uk/wp-content/uploads/2022/06/nhs_chc_easy_read_hF7657w.pdf
- Using Personal budgets to get active
<https://getyourselfactive.org/guide/using-your-personal-budgets-and-personal-health-budgets-to-get-active>



Preparing for Adulthood



BCP:

<https://fid.bcpcouncil.gov.uk/send-local-offer/information/preparing-for-adulthood>

Dorset:

<https://www.dorsetcouncil.gov.uk/children-families/sen-and-disability-local-offer/preparing-for-adulthood/preparing-for-adulthood>



Activities



Local Offer

- <https://fid.bcpCouncil.gov.uk/send-local-offer/categories/activities-and-short-breaks> (up to age 25)

Day opportunities:

- <https://www.mylifemycare.com/directory-of-day-opportunities-and-activities?f=Physical+disability&f=Dorset&sort=Title&size=1000>



Activities

- <https://www.dorsetcouncil.gov.uk/children-families/sen-and-disability-local-offer/preparing-for-adulthood/friends-relationships-and-community/activities-for-young-people-with-send>

(up to age 25)

Day Opportunities:

- <https://adultsocialcare.dorsetcouncil.gov.uk/alternatives-to-residential-care/day-centres-and-day-activities>
- <https://www.dorsetabilitiesgroup.co.uk>
- <https://www.peoplefirstdorset.org.uk/friendshipclub>

PfA

Employment

Independent Living

Community Inclusion

Health

Activities

- Holidays:

<http://www.disabilityholidaysguide.com/uk-disabled-holidays.aspx>

- Finances: <https://www.gov.uk/financial-help-disabled>

- Internships <https://www.ndti.org.uk/news/life-changing-internships-project-set-to-help-more-disabled-people-into-work>

PfA

Employment

Independent Living

Community Inclusion

Health

www.cosmic-cactus.com

Your future is our business!

*Cosmic Cactus is a company
limited by guarantee*

Company number 13754128

JULES BENTON

TALKTOJULES@OUTLOOK.COM

07749 627012





SEND CPD SESSIONS

Future Pathways and Careers

These workshops aim to equip SLT, teachers and all support staff from SEND and AP schools to embed 'preparing for adulthood', careers and future pathways in all areas of school life.

Join us for a series of free online training sessions designed and delivered by Cosmic Cactus, experts in information and guidance for young people with SEND.

All sessions will be delivered virtually between 15:45 and 17:15

Attendees are welcome to register for the whole programme or individual sessions.

Thursday 22 September 2022
Voice and Choice for Next Steps

Exploring how to make plans, consider choices and have a voice including mental capacity, EHCP outcomes and preparing to leave school.

Thursday 6 October 2022
Future Progression Pathways

Understanding the range of post-16 and post-19 options.

Thursday 20 October 2022
Navigating the Landscape

Considering the support available within education, employment and work-related learning, including funding, provision and services.

Thursday 10 November 2022
Community Inclusion

Exploring health, lifestyle, leisure activities and friendships to encourage accessing support in the community.

Thursday 24 November 2022
Developing Independence

Including housing and supported & independent living.

Thursday 8 December 2022
Policy and Legislation

Examining available resources including CEIAG, Gatsby Benchmarks, Ofsted, SENDIASS and the Care Act.

To register visit bit.ly/3QAhRv3 or scan

