



Traineeships!

Providing you with the *skills & knowledge* needed to be successful in a work setting!

This programme will teach you the behaviours, attitudes, skills, knowledge and understanding required for a work setting. Careers, Information, Advice & Guidance (CIAG) is provided throughout to help prepare you for your next steps.

Qualifications

You will gain qualifications in employability, maths, English and customer service as well as industry specific qualifications.

Work Experience

You will carry out work experience in both charitable and real work settings in line with your careers aspirations.



Health & Wellbeing Sessions

During these sessions you will carry out a range of activities such as; exercise & fitness, mindfulness activities, drama, music, art and healthy eating.



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