

# I Year Programme, 20 hours a week

# Vocational Study Programme

## Enabling you to explore the world of work!

This programme will teach you the behaviours, attitudes, skills, knowledge and understanding needed in a range of vocational settings. Careers, Information, Advice & Guidance (CIAG) is provided throughout to help prepare you for your next steps.

Whilst on this programme you will complete the ASDAN Careers and Experiencing Work Short Course and ASDAN Vocational Short Courses of your choice along with, English, maths & learning.

### Taster Sessions & Work Experience

You will choose and study vocational areas that are of interest to you as well as visiting workplaces, having taster sessions and undertaking a 2 week period of work experience.

### Health & Wellbeing Sessions

During these sessions you will carry out a range of activities such as; exercise & fitness, mindfulness activities, drama, music, art and healthy eating.



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